



**McCain Foods (AUS & NZ) Pty Ltd**  
**Customer Specification**  
**202315**  
**McCain Carrot Rings 2kg**

**COOKING INSTRUCTIONS:**

DO NOT THAW BEFORE COOKING.  
PRODUCT MUST BE COOKED BEFORE CONSUMPTION.

**STOVE TOP:**

Place frozen Carrot Rings in boiling water. Add pinch of salt if desired. Bring back to boil and simmer until tender.  
100g approx 5 minutes.  
500g approx 5 minutes.  
Drain and serve.

**MICROWAVE:**

Place frozen Carrot Rings in a microwave safe container and cook on high.  
100g approx 4 - 5 minutes.  
500g approx 9 minutes.

**NOTE:** Microwave instructions are based on an 750W oven. Please adjust accordingly.

**INGREDIENTS:** CARROT RINGS.

<b>NUTRITION INFORMATION</b>		
Servings per package: 20		
Serving size: 100 g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	163kJ (39 Cal)	163kJ (39 Cal)
Protein	0.4g	0.4g
Fat, total	0.4g	0.4g
- saturated	0.1g	0.1g
Carbohydrate	6.9g	6.9g
- sugars	4.0g	4.0g
Sodium	80mg	80mg

**Halal:** Certified

**Kosher:** Not Certified

**Vegan** Contains no animal products

**Vegetarian:** Contains no meat products

**GMO Statement:** This Product does not require Labelling as a genetically modified food in accordance with the Australian/NZ Food standards Code Volume 2, Section 1.5.2

**Storage:** Keep frozen at or below -18°C. Keeps for 24 months from the date of manufacture.  
If content becomes thawed, use as soon as possible. Do not refreeze.

**Transport:** The product should be transported in accordance with the recommended Code of Practice for handling merchandising Frozen Foods such that product temperature and integrity is maintained at all times.

*This specification is valid at the time of issue. Check packaging for most up to date information. Please request updates as required.*

**PRODUCT OF NEW ZEALAND**

**Date Issued: 27/03/2018**  
Review in 3 years from date issued

**Authorised by:** Therese Sillekens